



## 2009 Annual Report of DIXI Resource Centre, Oslo

### *Objectives*

DIXI works to help rape victims and their families, to disseminate information about delayed problems and subsequent injuries, and also to increase public awareness and prevention.

### *Method*

DIXI works according to the “help to help yourself” method and complements the public assistance agencies.

### *Services*

DIXI Resource Centre provides:

- One-to-one conversations for rape victims and their families
- Discussion groups for victims of rape
- Discussion groups for families and friends
- Telephone advice
- Guidance by e-mail and text messaging
- Information about rights and obligations
- Theme evenings
- Information about the assistance agencies
- Talks at schools, for politicians, associations and the assistance agencies in general
- Free legal aid
- List of lawyers who can work on your behalf and psychologists/therapists whom we prefer to recommend
- Recommended reading list

DIXI’s services are also available to boys and men who are the victims of rape.

The centre is a low-threshold service, which entails that a referral from a psychologist or doctor is not required.

### **Key figures from 2009**

In 2009 DIXI Oslo had a total of 2505 enquiries.

369 of these came to us from the public assistance agencies. Users who have been in contact with the centre this year have been aged from 15 to over 60.

The majority of referrals have come from young clients. Many of them have been subject to teenage rape/date rapes committed by their contemporaries. These rapes often happen at home alone parties, class parties as well as at larger events.

The statistics show 1435 referrals from Oslo and 468 referrals from other municipalities, in addition to 137 anonymous enquiries. See the statistics. Those who contact DIXI may do so anonymously. It is therefore impossible to say with certainty how many of the anonymous calls come from Oslo, and how many from the rest of the country.

Increasingly more specialists and politicians are making use of DIXI's expertise.

DIXI's website can be found at: [www.dixi.no](http://www.dixi.no)

Activity at the website has also increased considerably in 2009.

[www.dixi.no](http://www.dixi.no) had a total of 104,921 visits compared to 75,927 in 2008. This is an increase of 38.2%. This means that in 2009 the site received some 287 hits every day of the year.

There were approximately 551,800 visited pages in 2009 compared to 348,795 visited pages in 2008, an increase of 58.2 %. This means that every visitor views 5.3 pages on average.

### **Self-help groups**

Four discussion groups for victims of rape were held during 2009. Two groups started in the spring, and two in the autumn. Three groups have also had a semi-annual evaluation during the spring and autumn.

DIXI hires consultants on subjects the group members particularly wish to focus on, e.g. the counsel arrangement, rights and obligations in connection with reporting rape and compensation to victims of violence. For this purpose we have used the services of lawyers Thomas Benestad and Hege Salomon from law firm Salomon – Johansen. Psychotherapist Bjørg Tofte has talked on feelings of shame and guilt.

The groups run for a period of three to four months. They meet once weekly, for two hours at a time. Those attending the groups always have a one-to-one chat with the group leader before joining the group. At the final group meeting a follow-up meeting is scheduled to take place about six months later.

DIXI has allowed the participants to complete anonymous evaluation forms at the follow-up meetings. And feedback is good.

### **Selv-development group**

On the weekend of 14 and 15 November a trial project with a self-development group was arranged. This was not a therapy group. This entailed that the group participants did not require too much assistance, but were capable of carrying their own process. The group acted as an important support for self-development. The self development group was based on the individual participant's needs and position. The group had eight participants.

Themes that were discussed concerned guilt and shame, self esteem, how to see one's own strength also when things are difficult and issues such as:

- How do you stop yourself from getting what you want?
- How to set boundaries?
- How to get support from others?

This was achieved through discussion, group exercises and various creative methods. Group moderators were gestalt therapist Bjørg Tofte and consultant Vilde Mordal from DIXI. The feedback from the participants in the group has been very good.

### **One-to-one conversations**

The need for one-to-one conversations is significant. This work has high priority. The staff spend a considerable amount of time and resources on one-to-one conversations. The conversations take place both over the telephone and at the resource centre. In 2009 we had 1431 users, and additionally got 282 new users, and 36 of the new users were men.

DIXI has had enquiries from 84 new family members and 69 enquiries from family and partners who have used the centre more than once. Often the enquiries are from family members - usually a mother or father contacting us following their child being a victim of rape. In addition numerous enquiries are received by e-mail and text messages, particularly from young people.

### **The DIXI Award**

The 2009 DIXI Award was presented to doctor Margaret Oshaug.

Rape and rape issues continues to be a subject in society that is taboo.

The DIXI Award is given to a person or company that has worked with particular tenacity and determination to help victims of sexual assault. In DIXI's view this subject should receive more attention, and we want to show that we closely follow the work that is being done in this field.

The prize was presented at a ceremony in connection with DIXI Stavanger's 10<sup>th</sup> anniversary on 19 November.

Margaret Oshaug has worked at the rape reception centre since it was started in 1992, both as supervisor and as rota doctor at the reception. She has been a prime mover and an inspiration in keeping the rape reception centre in southern Rogaland in operation and able to provide a good service to rape victims.

Through her tireless commitment at the rape centre, Oshaug has come to represent continuity and stability to many. She has shown great insight into the issue, and is also committed to the patients she receives. Oshaug strives to receive rape victims in good, warm and caring manner.

She has spoken to the media and press on rape and delayed effects both locally and nationally. DIXI views her work as extremely important, and as a very good support in work with rape victims.

The award was presented by politician Per A. Thorbjørnsen on behalf of DIXI and consists of a special ceramic statue created by potter and artist Siv Andersen of Sandnes

[www.sivandersen.no](http://www.sivandersen.no).

### **Activities**

#### **Raising DIXI's profile**

The centre works actively towards raising awareness of DIXI's services with the aim of making the service known to all who need it, and to raise awareness of the consequences of rape.

Rape is a very serious violation of personal integrity. It is also a serious crime. Reactions/trauma can be significant.

Rape is still very much taboo. DIXI works towards creating greater openness around rape.

Information about rape is also important for establishing attitudes against rape and preventive work.

It is also our desire to reach as many as possible with our message and to assist those who need us. Unfortunately, rape as a phenomenon is not declining.

The reduced information funds we had at our disposal were used as following:

- Upgrade and new design of website [www.dixi.no](http://www.dixi.no).
- During the spring we had a bus campaign that lasted for four weeks, where we used advertising company JCDecaux. This campaign was highly visible.
- Internet/interactive media:
  - o In 2009 DIXI has used the following websites: Kvinneguiden, Facebook and MSN Messenger.
- We have also advertised in the daily and weekly press.

Media targets for 2010:

- The media target for DIXI is to raise the visibility and awareness of DIXI amongst both youths and adults of both genders, as well as amongst multicultural communities.
- Through visibility in the media, we intend to increase the awareness of DIXI and the services we provide amongst the target groups.

### ***DIXI on the road***

#### **Study trip to Tukinainen in Finland, 16 – 18 June.**

Tukinainen is in Helsinki and is a national resource centre with 30 employees. It provides support and guidance to women and girls that are the victims of sexual violence and/or exploitation, and also to their families.

Those who received us were: Riita Silver, general manager and legal advisor, Eva Maatanen, head of communications and Heli Heinjoki, development manager for crisis work.

All employees at the centre were women with expertise in the fields their tasks required. They influence the Government, legislation and public opinion in order to reduce and prevent violence towards women and girls.

They also offer various professional groups, departments and organizations cooperation, consulting services and training.

We were informed that there are 10 employees during the day, and 20 employees during the afternoon and evening, as the centre is open for groups and phone calls. Three of the employees received us when we arrived at the centre. We were taken to a bright conference room where the meeting was held.

Tukinainen also works in several other fields. They operate extensive information services such as special training for social workers by providing them with legal and psychological knowledge of sexual violence. As one of the employees at Tukinainen said: "Violence is taboo. "Sexual violence is doubly taboo."

Between 2002 – 2006 Tukinainen ran a young girl project. They were involved in education at schools particularly directed at girls and employees.

Tukinainen operates a number of groups. Amongst other things, they use CPB , which is a cognitive method. It is particularly aimed at those who have been the victim of rapes two to three months ago.

It involves both active participation in the group and homework for participants. The groups meet 12 times. (Patricia Resick from the USA has established this method.)

They have weekend groups aimed at participants from other parts of Finland.

They also have groups every second Wednesday. These groups comprise 6-7 users.

There are also groups for parents, family, partners and they have dance groups and other activity groups. All groups have two supervisors.

Those who work at Tukinainen are of the opinion that an increase in phone enquiries is a result of more stories on sexual violence in the news.

They have between 10 and 30 enquiries a day. Most enquiries concern incest. Many of the stories are 10 years old. A lot have forgotten what has happened and are deeply traumatized. Tukinainen has approximately 16 conversations with different users a week.

They now want to focus more on the group of men and minorities that have been exposed to sexual abuse.

They recommended we read "The Haunted Self" (Onno van der Hart and Kathy Steel.)

The reason for recommending this book was that it focused strongly on education with respect to trauma.

The centre has regular counselling and has a duty of confidentiality. Tukinainen's therapeutic and legal services are free to users.

It was inspiring to meet colleagues that have the same goals and basic approach as we do. We saw that their way of building a large centre was much the same as our model, but that they had far greater resources than we have.

The research-based part of operations at Tukinainen was distinct and interesting. They operated several projects, as previously mentioned. This shows us that we just have to roll up our sleeves and apply for project funds as well. The women we met were very competent, and they shed the light on some paths for further professional development.

It is important for us to meet others we can compare ourselves with. It can show us the way ahead and help us in our current work.

**Trip to DIXI Stavanger's 10 year anniversary 19 November**

Three of DIXI's employees travelled to Stavanger in order to be present at DIXI Stavanger's 10th anniversary celebrations. A good, interesting day with competent lecturers.

The DIXI Award was presented during the celebrations to doctor Margaret Oshaug, who started the first rape reception centre in Stavanger. Raed more about her under the DIXI Award 2009.

DIXI Oslo would like to congratulate her!

### *Visit from Tanzania*

In the beginning of May we were visited by some amazing Tanzanian women who work for the KWIECO organization. They were a manager and lawyer from the centre that arrived along with a representative from JURK.

They came to learn about DIXI's work. They were interested in starting something of the same kind for the women in their project.

KWIECO is JURK's (legal counselling for women) partner in the Tanzania project. KWIECO is an acronym for Kilimanjaro Women Information Exchange and Consultancy Organisation.

The organization was established in 1987 by a group of ten women, and thus has long experience as legal counsellors.

KWIECO is an African equivalent of JURK. The organization works in three main areas, case management, legal information and legal political activity.

They also help people with HIV/AIDS. Their project is particularly directed at youths in order to achieve long-term results.

The organization is dependent on voluntary efforts for its existence, and it is managed and operated by women.

DIXI is impressed by those who start projects and work in order to help people in their own countries. It isn't always easy, but they showed a lot of determination.

You can find more information on KWIECO at their website [www.kwieco.org](http://www.kwieco.org)

For questions or enquiries, get in touch with June Cathrine Ormstad on tel. +47 934 31 980, Head of JURK's International Section.

### *Theme evenings*

"What can my body tell of my history and culture?" was the title of the year's first theme evening. Lecturer Julianne Appel-Opper, clinical psychologist and gestalt psychotherapist. This lecture emphasised how we can create contact between two people from moment to moment. She presented how we can find out how the body communicates the story in different ways, and how this is significant for the healing process.

Beate Midttun, who is currently employed with consulting company Accenture as Senior Manager/Global Human Capital Strategy Training Lead – gave a lecture on "Challenges and satisfaction related to self-worth, self-esteem and setting boundaries" in the middle of May.

"From victim to survivor – through chaos to mastering life" was the theme of the autumn's first theme evening, where paediatrician and gestalt therapist Eli Borchsenius held a lecture. She is an expert in the area of sexual abuse.

We have acquired quite a lot of knowledge on what happens to people who have been exposed to sexual abuse. This type of violation causes pain, injury, reactions, chronic disease – reduced quality of life. We know that violated persons become ill.

What does it take to get through this? What does it take to have a good life again following abuse? What does it take for violated persons to become well? These were the issues that were discussed.

In October Julianne Appel-Opper returned to talk on the treatment of traumas. This lecture focused on the consequences of experiencing a trauma. Amongst other things, she demonstrated some exercises that can contribute towards self-support following such incidents. Julianne also spoke on how we can discover early signs of exhaustion and what is required to achieve a good balance between work and spare time in our lives. Her point of departure is theory from body therapy and gestalt psychotherapy.

Rape trauma and tooth pain – is there a connection?

General practice specialist Anna Luise Kirkengen started with reflections on possible consequences of rape experiences for health in general and for dental health in particular during the theme evening on 19 November.

She is professor in general practice at the institute of socio-medical subjects at the universities in Tromsø and Trondheim and senior researcher at the Centre for health-promoting work, Akershus University Hospital.

“Everything we say, that is never told?” This was the theme of the year’s last theme evening.

Lecturer: Vegard Øksnevad runs the consulting company Ny Innsikt. His background is from the defence forces and the IT sector, and he has held several managerial positions in Norwegian trade and industry. He currently teaches behaviour and learning at university colleges, and lectures for businesses, associations and other organizations.

The lecture dealt with how our expectations, emotions and attitudes affect our performance and how we can communicate more efficiently when we are more aware of these aspects of ourselves.

The lecture provided an entertaining insight into people. The goal was to entertain, inspire and also create a deeper understanding of the more informal structures that are part of our behaviour. It was presented in a colourful and humorous way with extensive use of sound and pictures.

During the year there were also several internal theme evenings for the users. The first was about sexuality and was introduced by Kine Pretoriusen from the Support centre against incest (SMI), Oslo

Latest news from NAV. Update and follow-up in the following areas: illness compensation, rehabilitation compensation, disability contributions and vocational rehabilitation. Speaker was Thomas Knutsen from NAV Alna.

Here he focused on the opportunities for facilitation, close follow-up, help to get back to work, help to change jobs, help to coordinate one’s requirements from the support services. He was also very interested in hearing which challenges the users of DIXI have, and to investigate whether there are areas where NAV can think and act differently.

Attendance at the year’s theme evenings has been good, with broad representation from clients, friends and family and professionals alike.

### Lectures

DIXI has provided information to students from various places around the country:

- social education students from Akershus University College (HIAK)

- secondary school students, upper secondary school students, college students
- competence centre from Health and care,

Students from university college in Trondheim, who have been involved in projects on rape and sexual abuse at school have also been in touch with us for advice and guidance. DIXI has also organized lectures for the youth services in Nittedal.

Those who attended showed considerable interest in the topics highlighted, and the subsequent feedback has been positive.

### **Meetings with political authorities**

During the course of the year meetings have also been held with politicians to inform them about DIXI's objectives, services and activities.

DIXI has also received a visit from the Ministry of Children, Equality and Social Inclusion represented by Director General Ragnhild Bendiksbjerg and consultant Hilde Knotten from the Department of Family Affairs and Equality. There have also been meetings with the justice fraction of the Conservative Party. We have also met with Andre Oktay Dahl (Conservative) from the justice committee. We have also met with Ola Elvestuen – deputy chairman of Venstre, as well as Torill Berge, Venstre, from the Health and Social Affairs Committee of Oslo municipality, and with Turid Glærum from the City council department for the elderly and social services, and Bente Arnesen consultant and council secretary for the council for the disabled of the Health and welfare body of Oslo municipality. DIXI also sent a delegation to the Health and Social Affairs Committee in Oslo municipality.

DIXI is also used as a hearing panel for the ministries in cases that concern our specialist area.

### **Teamwork**

Our partners are the police, the Sexual Assault and Rape Clinic, the Crisis Centre, the Support Centre against Incest (SMI), and other relevant bodies within the public assistance agencies. Each year we visit some of our partners.

It is essential to DIXI that we build up a solid network.

### **Membership in FMSO - collaboration against sexual abuse**

On 23 November the centre was accepted as a member of FMSO. FMSO wishes to contribute towards developing the centres to constantly better organizations in accordance with the requirements of users, research and social conditions in general. Through a joint organization and website we shall increase our visibility. You can find more information on FMSO at [www.fmso.no](http://www.fmso.no).

### **Trial project with legal assistance**

#### **Introduction**

DIXI Resource Centre Oslo applied by letter of 30 January 2008 for financial support for a duty lawyer scheme at the centre. The Ministry of Justice informed by letter of 30 May 2008 that the Ministry allocated 168,556 for 2008 for the project. In connection with the grant it was required that a report should be prepared with an account of experience with the project etc. In 2009 NOK 176,307 was allocated for the scheme.

### The practical implementation

This year DIXI has cooperated with lawyer firms Salomon – Johansen AS and Andersen & Bache-Wiig AS for the project.

The duty lawyer scheme has been implemented in accordance with the guidelines that were set up, and the funds have been used for the objectives for which they were applied.

The duty lawyer scheme resulted in 86 enquiries in 2009. This is a significant increase from 2007 when the duty lawyer received 32 enquiries in five months. Last year DIXI received enquiries in 84 different matters. There has thus been a small increase in the number of enquiries.

The number of requests indicates that there is a real need for legal assistance that is not satisfied amongst rape victims. One can safely conclude that the duty lawyer arrangement has been a success.

The centre has actively informed about the service, both directly to those who contact the centre and on the internet, etc, as well as distributing information. It has been advertised in the weekly press and other relevant media channels. Translated information in English, Urdu, Arabic and French has also been distributed. The information has been sent to relevant bodies amongst assistance agencies directed at these target groups.

There have been regular lawyer meetings at the centre, with two hours every Thursday from 2 p.m. to 4 p.m. The arrangement with two hours has proven to be practical.

The duty lawyer scheme has in accordance with the premise been implemented by the lawyer/legal assistant being present at the centre for direct availability for users. The centre has arranged a separate room, with a telephone, computer equipment (including internet access, etc) where the client and lawyer/assistant lawyer have been able to talk uninterrupted. In addition the duty lawyer has taken enquiries over the telephone and by e-mail.

It must be mentioned that the lawyers/assistant lawyers on this duty scheme have also helped with regard to telephone enquiries outside the ordinary duty scheme.

### Number and type of cases related to legal assistance

In 2009 86 enquiries were registered. The number of enquiries thus appears to have stabilized, with a small increase. It is desirable that the number of enquiries increases in 2010, as criminal statistics show that there has been an stable increase in the number of reported rape cases in recent years.

The bulk of the cases have been cases related to sexual violence. (Penal code chapter 19).

Issues that have been raised have to a large degree been of a criminal character (33 cases). There has also been nine cases concerning compensation. There have also been questions related to children's law/family law, immigration issues and cases against public authorities, housing conditions, working conditions, etc.

In 2007 all enquiries came from women. In 2009 however, the duty lawyer received 5 enquiries from men. (There were 12 enquiries from men in 2008.) Those who contacted us

included both persons who had not been in contact with a lawyer previously, and persons who had already had contact with other lawyers.

35 of the enquiries involved people who would not have contacted a lawyer without DIXI's duty lawyer scheme. This indicates that the duty lawyer scheme works as intended and that it is a low threshold service that reaches more users than traditional lawyers. A significant number of cases, 56, were referred on to legal assistance/investigation.

Those who have made contact have received help from lawyers/legal assistants with experience from the type of cases the centre works with.

in 2009 DIXI has used lawyers from the Salomon-Johansen and Bache-Wiig law firms. We have used lawyer Celine Bache-Wiig from the Bache-Wiig law firm. DIXI has used the lawyers for many years. They have expertise and long experience.

### Result

The Centre has seen that the number of enquiries has increased significantly and that the implemented marketing measures have been effective.

It also appears that there is an increase in enquiries from persons with minority group backgrounds. An interpreter has been used on one of the shifts that concerned three different matters. The centre still has a goal of reaching recently-arrived foreigners or minorities that are very isolated from Norwegian society.

It has not been recorded whether those who have been in touch are homosexuals/lesbians. It would be difficult to register this without enquiring, and this would seem unnatural during a duty lawyer session and could offend potential users.

The Centre expects that the number of users will continue to increase as the scheme becomes more widely known. In connection with this it is desirable with improved financial support with respect to distributing information on the scheme.

In the centre's opinion, the duty lawyer scheme has produced good results. The responses that the centre has received from the victims/clients are extremely positive. The centre is aware that the scheme has already resulted in substantial payments of compensation to victims of violence.

### Continued duty lawyer scheme

An application for support for a duty lawyer scheme for 2010 will be submitted.

The aim is to continue the duty lawyer scheme and the positive results this has had for the users.

In order to reach more users/make the scheme more widely known, it is desirable with information/advertising funds. One particular aim is to make the scheme known to under-age victims, immigrants and homosexuals.

## **Internal affairs**

### *New website design*

The website contains good and useful information on rape, and the page also acts as a support and help for rape victims, family and the support system. The new design of dixi.no was launched on 19 August.

Our intention is that the website should have a more open expression and be somewhat easier to use.

The front page now includes news items to the right, so that users can easily find the latest news, relevant theme evenings, courses and new articles.

The menus are newly designed and we also have a website map at the bottom of the page which allows users to go directly to where they want to go.

We hope that the site has become easier to use and that those who use the site are satisfied!

A big Thank you to DIXI's web master Anne Bang-Steinsvik who has designed the site for us.

### *Skills enhancement/staff development*

Qualifications amongst full-time and part-time staff in 2009 is as follows:

General manager: auxilliary nurse in social education with special education in psychiatry, own experience

Specialist consultant: other education, unskilled, own experience

Specialist consultant: university college teacher/gestalt therapist

Office assistant: other business/administrative education

Group leader: university college teacher/gestalt therapist

Hired-in group leader: gestalt psychotherapist

Everyone who works at DIXI receives regular guidance through external supervisors. This is done both individually and in groups. Instruction is given a high priority to ensure a healthy working environment, security and to prevent burnout. Appraisal interviews are carried out with all employees. DIXI Oslo is a member of the HSH employers' association, Department of Health and Social Services. This ensures that we remain up-to-date on the regulations in the professional arena. We spend time developing a good personnel policy that is suited to DIXI Oslo.

The staff attend courses and training days that are relevant and of interest within each individual's area of responsibility so as to keep professionally up-to-date. Central issues in 2009 have been in-depth understanding of traumas and treatment of traumas. There have been internal seminars for all employees with clinical psychologist and gestalt psychotherapist Julianne Appel-Opper, and the staff have participated at Kirkelig Ressursenter's seminar on the abuse of boys and men.

During the course of the year we visited MIRA – Resource centre for immigrant and refugee women, which is a meeting ground for committed and socially active women and girls with minority backgrounds. Through the sense of community their users create, the resources and potential of minority group women and girls possess is promoted. We have further held meetings with Oslo crisis centre/shared house and Betzy crisis centre in Drammen in order to obtain more information and learn of their work with minorities.

DIXI also arranged a workshop with Julianne Appel-Opper for staff that work with cultural communication on a daily basis.

This workshop had participants from Oslo crisis centre/shared house, Ungbo and SMI-centre against incest.

Julianne invited us to take a trip in our “cultural body”. We all carry an awareness of how it is to be me in the world – in our bodies. Amongst other things, we express this through body language, in the way we meet the world and how we survive traumas. The main focus was our cultural differences and how we welcome “the other” as a reality in our contact and interaction.

We have also visited and met with the Night Ravens, with head Lars Norbo. The Night Ravens is a humanitarian grass-roots movement that works towards preventing violence and vandalism. The basic premise is that the presence of sober adults can calm uneasy situations. For more information on the Night Ravens, see [www.natteravnene.no](http://www.natteravnene.no).

#### Library

DIXI has some exciting, interesting and informative books on loan. We feel it is important to amass a rich library, both of specialist books and fiction. Some of our books and journals must be read at the centre.

#### Media

DIXI has been active with respect to the media and has provided statements and interviews on current issues to radio, TV and the daily and weekly press. Statistics show that the media use us more and more frequently. The press is an important forum that is instrumental in putting the spotlight on rape and sexual assaults, which are a major social problem.

#### The Board of Directors at the DIXI Resource Centre Foundation, Oslo

The members of the board are: Chairman of the Board Ivar Westhagen – associate professor and civil engineer, board member Therese Wingaard – shipping agent, board member Heidi Minde – gestalt therapist, board member John Steineger- doctor and specialist in psychiatry, board member Marianne Grimsø leader of the County Social Welfare Board and board member Herdis Ragnhild Magerøy – General Manager of DIXI Oslo.

#### DIXI's premises

DIXI is located at Arbinsgt.1, 3<sup>rd</sup> floor. The premises are currently satisfactory. No changes are planned, except necessary maintenance. The premises have a lift and are accessible to disabled people.

#### Opening hours

Our opening hours are currently Monday to Friday 09.00 to 15.00. This year the centre extended its opening hours on Wednesdays to 09.00 to 20.00.

How to get in touch with us?

DIXI Oslo Tel no: 22 44 40 50 Fax: 22 44 40 55 Mobile: 930 58 070.

E-mail: dixi@dixioslo.no

We are bound by a duty of confidentiality! Our services are free of charge.

Finance

The total Government contribution in 2009 was NOK 2,590,000. The municipal support was NOK 700,000. DIXI received a total of NOK 3,290,000.

We applied for contributions of NOK 3,500,000. The reduction is due to the Directorate for Children Youth and Family Affairs taking a different view on budget funds that were allocated for information measures. This initially led to a reduction in Government contributions of NOK 420,000.

In connection with a complaint, the Ministry of Children, Equality and Social Inclusion reversed the decision by the directorate and reduced the reduction by NOK 210,000. We have received information on this and a notification that the amount will be transferred to DIXI from Oslo Municipality in November. At the turn of the year, the funds had not been transferred.

Joint project with the Norwegian Ministry of Justice: Free legal aid NOK 176,307.

NOK 60,000 was paid to the Board of Directors in 2009.

As shown in the accounts, the funds were utilised in accordance with our objectives. DIXI Oslo employs Heiene regnskap AS and chartered auditor Erik Enger from BDO Noraudit Oslo DA.

In 2009 DIXI has had the following employees:

General Manager and Consultant in full-time employment.

One consultant in 60% employment and office assistant/consultant in 40% employment.

Number of permanent FTEs: 3,0. All employees are women.

The wage framework within the HUK area forms the basis.

All employees have occupational injury insurance, collective life insurance and accident insurance through HSH and a pension arrangement through Sparebank1.

Future requirements

In 2010 DIXI will continue to focus on work to reach boys and men. We have already seen a need for this in 2009 as the number of enquiries at the centre from men is on the increase.

Oslo is a multicultural city and we will continue our work on reaching minorities. This work is time-consuming. We will therefore hire a person with a multicultural background that will have the main focus on this work.

Work will still have to continue on all activities DIXI is involved in. Unfortunately, rape is not declining and is a major social problem in Norway.

WHO defines it as such:

The extent of violence, sexual abuse and failure of care is currently so comprehensive that the World's Health Organization (WHO) defines it as a public health problem.



24 February 2010

DIXI Resource Centre Oslo  
The Board of Directors

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Ivar Westhagen  
Chairman of the Board

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Herdis Ragnhild Magerøy  
General manager and board member

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Heidi Minde  
Board member

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John Steineger  
Board member

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Therese Alf Andersen  
Board member

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Marianne Grimsø  
Board member

## **APPENDIX**

### **History**

DIXI Resource Centre was established on 26 November 1998.

From 1998 and until 6 February 2001 the centre was open once a week. The centre was granted start-up funding by the Norwegian Ministry of Justice. In addition, DIXI received financial support from the City of Oslo through funding for volunteer organisations. In 2001 Oslo City Council allocated NOK 300,000 in funds. This made it possible to establish a part-time salaried position (50%).

Since the centre opened and until 31.12.09, DIXI has received 14221 referrals.